



## Student Achievement 2016

Pass rate: 100% • A\*-C Grades: 57%

Sport and exercise is a growth industry at all levels and studying it will open many employment avenues. Alternatively, physical activity is an important leisure pursuit and serves to relax and refresh us after a hard day, giving us excellent opportunities to meet new people. Study Physical Education at St John Rigby College and you will receive high quality teaching and learning in well-equipped classrooms. Whatever your practical strength we can work with you to ensure you are assessed in your strongest area to maximise your marks.

**Level:** Level 3

### Specific Course Entry Requirements:

College entry (please refer to the Entry Requirements section page 36 of the prospectus for further details).

**Exam Board:** OCR

### What will I study?

The practical component of this course allows you to improve, evaluate and appreciate performance both as an individual athlete and as a team player. The theoretical units covered on the course include the academic study of Anatomy and Physiology, Skill Acquisition, Sports Psychology, Exercise Physiology and Socio-Cultural Studies.

There is a practical assessment which requires a demonstration of performance or coaching in one activity. In addition, you will carry out an analysis of a performer and devise an action plan to improve their performance.

### How will I be assessed?

70% examination and 30% coursework. Coursework comprises of a practical performance in addition to a verbal analysis.

### Where will this course lead me?

A high percentage of students choose to pursue a course in Sport Science, Sport Studies or Physical Education at university. PE will also give you a broad knowledge base and is acceptable as an entry to other courses in Higher Education. Employers in the Public or Armed Services and the Sports Industry look favourably upon this subject.

### What support will I receive?

In addition to the 5 Hours of subject time, you will have access to additional support sessions to help you prepare for your exams.

### What is the department like?

There are three members of staff in the department who contribute to the course. It is an approachable department with student's attainment at the heart of everything. The department boasts outstanding facilities and a tradition of excellent results.

### Enrichment opportunities

We have a SportsMaker attached to the department whose role it is to offer sporting enrichment opportunities to students. We also have college representative teams in Football (girls/boys), Netball, Rugby League and Basketball.

### Head of Department

Scott Rogers

### Tutors

Scott Rogers  
Neil Smith  
Peter Roberston  
Rebecca Williams





St John Rigby College

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