



NCFE Level 3 Extended Diploma in Sport & Physical Activity (Coaching Pathway)
(601/8883/2/COA)

Sector	Leisure, Tourism & Travel
Level	Level 3
Minimum Entry Age	16
Total GLH	1080
Duration	2 Years
UCAS Points	D* - 168 D - 144 M - 96 P - 48

This is a unique opportunity to enrol onto this Bootroom Academies Programme. Students will be able to progress onto Employment or University with this Level 3 Extended Diploma qualification. All students will receive regular work experience opportunities which will really enhance the students' CV and develop their personal skills. Students will complete a range of units throughout the 2 year course (see below).

Our students will gain a valuable insight into the Sports Industry, including Coaching, Health & Fitness, Nutrition and Sports Analysis.

All of our students are also mentored on their Work Experience by Roy Evans (Ex Liverpool Manager) & Steve McMahon (Ex International Football Player) as well as by our professional Coaches at Primary Schools in the area, coaching 5-11 year olds boys and girls. This Work Experience is fully embedded into the students' timetable as a part of their studies.

Year 1	Year 2
Exercise, Health and Lifestyle	Practical Team Sports
Sports Nutrition	Technical and Tactical Skills in Sport
The Athlete's Lifestyle	Psychology for Sports Performance
Sports Coaching	Analysis of Sports Performance
Coaching Special Populations	Fitness Testing for Sport and Exercise
Assessing Risks in Sport	Current Issues in Sport
Leadership in Sport	Instructing Physical Activity and Exercise
Preparing for a Career in Sport & Physical Activity	Sports Development
Work Experience in Sport	Organising Sports Events

The students will also complete the following;
 The FA Level 1 Talent Identification
 The FA Level 1 Psychology