
BTEC Level 3
National
Extended
Diploma
**Sports & Exercise
Science**





The sport science sector in the UK has more than 36,000 employers creating work for more than 600,000 full and part-time employees. There is an increasing demand for well qualified people to move into careers in sport.

Introduction

Students enjoy this course because they can tailor their assessments around their own sport specialism and really deepen their own personal understanding and skill levels. The course offers opportunities to use their theoretical knowledge and apply it to practical situations.

Level Level 3

Specific course entry requirements

College entry (please refer to the Entry Requirements section page 24 for further details).

What will I study?

18 different units are covered during this two year course. Core units include The Principles of Anatomy & Physiology in Sport where aspects of the body and its systems are studied. Students will also have the opportunity to study various scientific sports modules. Students are expected to complete a two week voluntary work placement as part of their studies.

Throughout the year pupils complete a full portfolio which contains evidence of the completion of tasks. Assignments are set approximately every six weeks for each unit of study. Students must be well organised and disciplined as there are occasions when there is more than one deadline to be met in the same week.

How will I be assessed?

18 units of study
100% Portfolio assessment

Where will this course lead me?

Successful completion of this course prepares students for a career in the sport, health, leisure and fitness industries or in teaching.

