

Bridging Resources for
Year 11 Applicants:
BTEC Extended
Diploma Health
and Social Care
Leaflet 1



St John Rigby College

Preparing for Transition from Key Stage 4 to Key Stage 5

Subject

BTEC Extended Diploma Health and Social Care

Qualification

**Follow us on Facebook
SJR Health and Social Care**

Recommended reading materials

- BTEC Level 3 National Health and Social Care: Book 1 – 9781292126012
- BTEC Level 3 National Health and Social Care: Book 2 – 9781292126029
- Having an awareness of current issues is always useful, especially for health and social care. Visit the websites below and look at the current issues:
- <https://www.bbc.co.uk/news/health>
- <https://www.bbc.co.uk/news/education>

Recommended websites

- Visit the website below <https://www.jobs.nhs.uk/> to find information about the different careers available in health and social care.
- Have a look at this YouTube clip below about the rewards of working in health and social care. <https://www.youtube.com/watch?v=yRk8QXEtFbQ>

Preparation tasks

Unit 1 – Human Lifespan Development

This unit is one of the four units that will be externally assessed. By using the webpage below, investigate key features of growth and physical development at each life stage. There are also some exam questions to answer at the end of the booklet.

<https://www.pearsonschoolsandfecolleges.co.uk/FEAndVocational/HealthAndSocialCare/BTEC/BTECNationalsHealthandSocialCare2016/Samples/Student-Book-1/BTEC-National-in-Health-and-Social-Care-Unit-01-web-ready.pdf>

Recommended research

Unit 19- Nutritional Health is a unit you study in year 12. Research the dietary needs of different service user groups including: children, adults, older people, pregnant women and breastfeeding mothers.

If you have a career path in mind do some research on what your next steps will be after college. Health and Social Care students go on to do degrees in a wide range of subjects at university.

Recommended trips or visits this summer

During the course you will be required to carry out two placements in order to achieve the course. Over the summer please investigate two settings you may like attend and ensure you have the settings name, address and number.

Tasks to complete

- Do some research into the techniques and books mentioned above.
- Make sure you have any stationery you might need to start college: paper and pens etc.
- Think about any questions you may have for your enrolment interview or the start of the course.
- Develop your enthusiasm – you'll love the course!

Bridging Resources for
Year 11 Applicants:
**BTEC Extended
Diploma Health
and Social Care**
Leaflet 2



St John Rigby College

Preparing for Transition from Key Stage 4 to Key Stage 5 Leaflet 2

Subject	Qualification
BTEC Extended Diploma Health and Social Care	Follow us on Facebook SJR Health and Social Care
Unit 2 task	Unit 5 task
<p>Text here Unit 2: Working in Health and Social Care is a unit you will study in year 12. This unit will help you to understand what it is like to work in the health and social care. For this unit task, I would like to prepare five fact sheets on the following roles. The fact sheet should discuss the qualifications needed and the day to day responsibilities of each person.</p> <ul style="list-style-type: none"> • Midwife • Social Worker • Adult Nurse • Occupational Therapist <p>There are many key words that we use in health and social care and your understanding of some of the key words are essential. Please research the following key works.</p> <ul style="list-style-type: none"> • Care values • Empowerment • Anti-discriminatory • Dignity 	<p>Unit 5: Meeting Individual Care and Support Needs is a unit you will study in year 12. For you to be able to provide the care and support that individuals need, it is important that you have a good understanding of the principles behind providing quality care and support. In order for health and social care professionals to develop relationships with individual and develop effective care, the 6cs are used. By visiting the links below, research what is meant by the 6cs. Draw a picture of a health and social care worker (nurse, midwife, paramedic etc) and around the worker identify each of the 6cs. Under each competence discuss how your chosen professional may display them in his/her day to day role.</p> <p>https://www.bing.com/videos/search?q=6cs+video&&view=detail&mid=DBF3FB3641804A39D71EDBF3FB3641804A39D71E&&FORM=VRDGAR&ru=%2Fvideos%2Fsearch%3Fq%3D6cs%2Bvideo%26FORM%3DHDRSC3</p> <p>https://www.england.nhs.uk/6cs/wp-content/uploads/sites/25/2015/03/introducing-the-6cs.pdf</p>
Previous tasks	Its all about you!
<p>In your leaflet (1) you were asked to complete some research on Unit 1: Human Lifespan Development. Another section of this unit, is the nature/nurture debate. Provide a definition of NATURE and NURTURE. Then investigate Bandura’s social learning theory. Do you agree with this theory?</p>	<p>The Health & Social Care department is very proud of the relationships it has with all of our students. Produce a written document all about you! Tell me what your career goals are. What do you want to do in health and social care? Do you want to go to university? How do you learn best? What are your hobbies and interests?</p>
Tasks to complete	
<ul style="list-style-type: none"> • Visit our Facebook page. You will be able to see all the fun things we do and also keep up to date with key information • Make sure you have any stationery you might need to start college: file, paper and pens etc. • Think about any questions you may have for your enrolment interview or the start of the course. Develop your enthusiasm – you’ll love the course! 	

Bridging Resources for Year 11 Applicants: BTEC Extended Diploma Health and Social Care Leaflet 1 & 2

St John Rigby College Gathurst Rd, Orrell, Wigan WN5 0LJ

01942 214797

www.sjr.ac.uk

