

BTEC National Extended Certificate

SPORT & EXERCISE SCIENCE

Do you want a career in sport, either directly from college or through the stepping stone of university? If the answer is yes, then this course is for you. With the UK sports industry being worth £23.8 billion and holding nearly 1 million job opportunities there is an increasing demand for well qualified people to move into careers in sport. This course will allow you to discover the numerous career possibilities in the sector, with contact from many industry professionals.

Specific course entry requirements

College entry, (please refer to the Entry Requirements section for further details).

How will I be assessed?

14 units of study

- 1 externally assessed examination
- 3 externally assessed tasks
- 10 internally assessed coursework

What will I study?

4 units over the two years:

- Functional Anatomy
- Applied Sport and Exercise Psychology
- Coaching for Performance and Fitness
- Physical activity for individual and group based exercise .

Where will this course lead me?

This course is suitable for anyone with an interest in sport and who wants to gain a sport related qualification to aid their progression to employment or further study in a related subject. Possible careers or further study could include the following areas but is not limited to: Health & Fitness industry, Sports Science, Nutrition, Sports Rehabilitation, Sports Development, Coaching and the Outdoor Activity Industry.