

A LEVEL PHYSICAL EDUCATION

A Level PE is a fantastic course covering a vast array of content from all aspects of sport and physical activity. Students studying A Level PE are required to have a keen interest and knowledge of a wide range of sports and to keep up to date with current issues. Within lessons, students discover the depth of sporting context through interactive and engaging experiences. As well as having an interest in a range of sports, students must also be competing or coaching in one sport on a regular basis and at a competitive level.

Specific course entry requirements

College entry to include GCSE Science minimum of grade 5,5 or two of Physics, Chemistry or Biology at Grade 5.

Students must be regularly playing or coaching sport at a competitive level (club, Regional or National).

How will I be assessed?

70 % examination and 30% coursework. Coursework comprises of two components: a practical performance (15%) and a performance analysis (15%).

What will I study?

The theoretical units of this course include the academic study of Applied Anatomy and Physiology, Sports Psychology, Skill Acquisition, Sport and Society and Biomechanics. There are also two practical components of the course. The first is a practical assessment which requires a demonstration of the student as either a performer or coach in one activity from the approved list. In addition to this, you are also required to carry out an analysis of a performer and discuss their range of their performance and ways of improving their areas of weakness.

Where will this course lead me?

Students studying A Level PE go on to a wide range of opportunities on completion of the course. Those who choose to continue their studies by attending university often study courses such as Sports Science, Sports Psychology, Physiotherapy, Sports Therapy and Physical Education and School Sport. PE will also provide students with a wide knowledge base and skill set and is therefore also accepted as entry into other areas of Higher Education unrelated to sport. Employers in the public or armed services and those in the sports industry also look favourably upon this subject.