



SJR NEWSLETTER

27/04/26

THOUGHT OF THE WEEK

“ You can't ask other people to believe you and vote for you if you don't back yourself.

-Jacinda Ardern (Former NZ PM)

DATES FOR YOUR DIARY

- * **Summer Term College Mass Dates:**
Friday 1st May, 15th May, 5th June, 19th June
- * **Mini Careers Fair**
Thursday 23rd April
- * **Y13 & OYC Celebration Day**
Friday 24th April
- * **May Bank Holiday**
Monday 4th May
- * **Mental Health Week**
W/c Monday 11th May
- * **May Half Term**
W/c Monday 25th May
- * **Performing Arts Jazz Concert**
Monday 15th June
- * **Stem Awards Evening**
Wednesday 17th June

PRAYER FOR THE WEEK

Dear God, as I begin this new term, help me to stay focused on my studies, to be kind to others, and to always seek Your guidance in all that I do. Amen.



10% OFF at The Little Green Platter Company
See pg. 4

BUSINESS STUDENTS SHOWCASE THEIR EVENT MANAGEMENT SKILLS!



As part of their coursework, business students successfully planned and delivered three engaging events across college.

Group 1 organised an Easter Egg Hunt, where participants collected points around the campus for a chance to win prizes. Group 2 created an exciting Escape Room experience, challenging students

to solve riddles and escape in the fastest time. Group 3 hosted a 5-a-side football tournament on the Astro, bringing classes together in a competitive and inclusive event. All events were well attended and demonstrated the students' teamwork, organisation, and creativity in delivering enjoyable experiences for their peers.



ITV ARE HERE THIS WEEK!

Get camera-ready! If you are happy to be filmed ITV will be in this Wednesday morning, if you don't want to be on camera please kindly let a member of staff know.



WHAT'S ON THIS WEEK AT SJR?

w/c Monday 27th April



CHINESE CULTURE CLUB IS BACK!

Starting from the 27th April, and continuing every Monday lunchtime in C003. Take Part in Chinese calligraphy, Chinese painting, paper cutting and lantern making.



THE EASTER EDITION OF THE COLLEGE MAGAZINE

Please follow the link for The Easter Edition of The College Magazine! Our College Magazine team have worked hard on this so make sure to give it a read!

Click to view the magazine

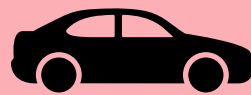


itv WILL BE HERE! GET CAMERA READY

Please note that Finley from K.E.S will be bringing ITV to the College on Wednesday morning for filming. Anyone who does not wish to be filmed should inform a member of staff in advance.

TOUCH RUGBY CLUB

Is back every Tuesday at lunch, down on the 3G pitch.



IMPORTANT PARKING GUIDANCE

As part of our commitment to respecting the local community, we kindly ask all students, parents, and carers to be **mindful of local residents and farmers when parking, and during college drop-off and pick-up times.**

If you wish to park on the college site, please ensure you **arrive early**. Please **park respectfully without blocking access**, consider **car sharing**, and use **public transport** where possible. Your car must also be **registered at Reception**.



Don't block people



Park safely and legally



Respect local residents



Register your car at Reception

Thank you for helping us respect our neighbours and keep everyone safe.

CAREERS

STUDENT FINANCE APPLICATIONS ARE NOW OPEN!

To make sure your funding is in place at the start of your course, it's recommended that you apply before the end of May 2026. Applications submitted after this date may result in receiving only the minimum funding initially.

If you're planning to start university, applying as early as possible helps ensure everything is sorted in time for September.

Applying now = one less thing to worry about over the summer.

Visit our
Careers Page



THE APPRENTICESHIP CLUB IS BACK!

We are pleased to announce that the first session of Apprenticeship Club will be held on Wednesday 29th April, at lunchtime in C003.

This session will introduce the purpose of the club, outline upcoming sessions, and highlight how students can benefit from attending.

All are welcome to attend.

**CLICK HERE
TO BOOK YOUR CHAT WITH
CAROL**



CHAT WITH CAROL

Our Careers Advisor Carol Charnock is based in D Block and is available for **1:1 discussions from day one** of your time at SJR.

To make an appointment or for some information/guidance, please email:

careers@sjr.ac.uk.

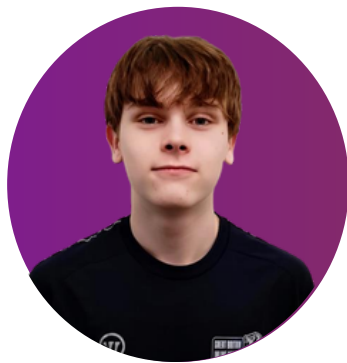
Alternatively, click the arrow to the left of the page to make your appointment.

SUCCESS OUTSIDE OF THE CLASSROOM!

TORYN'S SPANISH HOCKEY TOURNAMENT

Toryn was selected to represent Flamingos, in partnership with Silky Mitz Hockey, at the Sparta Kids Inline Hockey Tournament in Igalada, Spain (1–6 April).

Competing in both the U16 and U18 categories, this opportunity reflects his talent and commitment to the sport, while also supporting his Sport BTEC studies through valuable experience in high-level competition. Well done Toryn!



SJR ART ALUMNI EXHIBITION WINNER!

Congratulations to Alumni Heather Tully-Bolton, who won first place at the Wigan Open Exhibition for her work *BedRest*. The exhibition took place in March as part of the Wigan Arts Festival.

Heather is an SJR alumni who studied Fine Art with us at the college, and we are incredibly proud to see her continuing to achieve recognition and awards for her work.

10% OFF

View their
website here



AT THE LITTLE GREEN PLATTER COMPANY™!

We're so proud of **SJR alumni** Karen, founder of **The Little Green Platter Company**, now running an award-winning artisan cheese, fine foods deli and catering business.

We're incredibly grateful she chose to share her journey with us, and even more proud to see her success highlighted within our Business courses, serving as a daily source of inspiration for our students.

Simply show your student / staff ID at the counter to receive 10% off sandwiches or salads!

THE
little
GREEN
platter
COMPANY

NOTICE BOARD

STUDENT AMBASSADORS

Ambassadors wanted to support our Year 10 Days!

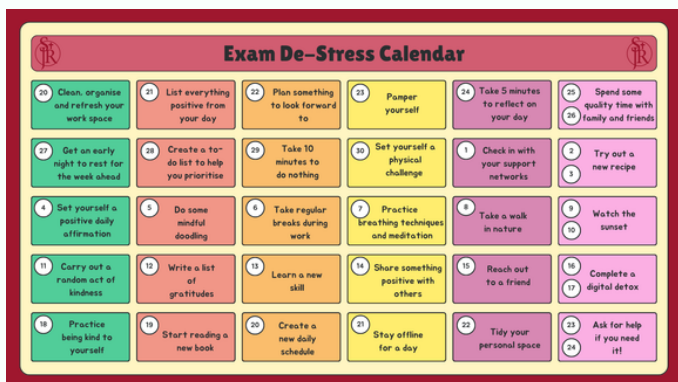


Sign up here!



EXAM DE-STRESS CALENDAR

This is a calendar running for the whole of this half term, giving students tips to help them to de-stress during exam season.



CLUBS & ACTIVITIES UPDATE

There's a fantastic range of activities available this term, with something for everyone to get involved in:

- **Badminton** is now running on both Monday and Tuesday lunchtimes.
- **The Gym** is open and free to use for all students and staff on Tuesday, Wednesday, and Thursday from 09:00–12:00, as well as Friday at lunchtime, perfect for fitting in a workout around your timetable.
- **6-week First Aid Course** is taking place on Friday lunchtimes. Spaces are limited, so please email Clare.Mcgrath@sjr.ac.uk to reserve your place.

COLLEGE ENTRANCE UPDATE



We've had a bit of a glow-up! Students can now enter the college through Reception by scanning their Student ID, so please remember to wear your lanyard at all times.

When being dropped off, please use the car lane on the right. If you're driving to the student car park, you can go straight through the bus lane to access the car park.

Thank you for helping keep arrivals safe and smooth.

FULLY FUNDED SUMMER JOBS PROGRAMME 2026

UK Youth is launching its Summer Jobs Programme 2026, running from July to September, and is inviting organisations to host a fully funded 5-week placement for a local young person.

UK Youth recruits and pays the participants, while host organisations provide a placement and light supervision. Following the success of 2025, the programme is expanding across the UK, including Greater Manchester and beyond.

To find out more or get involved, email - summerjobs@ukyouth.org.

STAFF SUCCESS!

KARA RAISES OVER £2,000 FOR LIVING PAINTINGS

Kara Duffy has completed her very first marathon, raising an incredible **£2,115** for Living Paintings, rising to nearly £2,500 with Gift Aid.

Kara shared a heartfelt thank you to everyone who donated and supported her, with every contribution helping to change lives.

Living Paintings provides free "Touch to See" books for blind and visually impaired children a cause especially close to Kara's



heart, as her niece Ivy, who is registered blind, benefits from the service and loves sharing the books with her family.

This fantastic achievement will help more children experience the joy of stories in a truly inclusive way. Well done Kara!



JANET'S SHE ULTRA™ RUN



Huge congratulations to our Work Experience Co-ordinator, Janet.

Last week, Janet completed the She Ultra™ challenge in Abersoch, conquering a demanding 50km route across the Pen Llŷn peninsula in extreme weather. Janet described it as "not the run I thought it would be, but an incredible atmosphere where we all had to dig deep." Janet was running alongside the Billinge Gals and supported by Billinge Running Club.

Janet raised awareness and funds for women's cancer research. We are incredibly proud of her achievement and the important cause she supports.



20% OFF

Simply show your student /staff ID at the counter to receive 20% off!

THE OLD BANK
COFFEE & WINE BAR

View their Website here



Working Together to Support Families. Click the link below to find out what support is available to you and your family.

[Click Here for more info](#) 

SAMARITANS

Phone - [116123](tel:116123) (24/7, free from all landlines and mobiles)

Email - jo@samaritans.org (Response time: 24 hours)

Website - samaritans.org, Post - [FREEPOST, Samaritans Letters](#)

(Note that the postal address above is correct with only three words, this is sufficient for the letter to be sent) Samaritans provide emotional support to anyone who needs it. The service will listen - they won't tell individuals what to do or judge them and will give them the time they need. The service aims to reach out to groups at high risk of suicide, but callers do not have to be suicidal to talk.

Whatever you're facing We're here to listen

SAMARITANS
Call free day or night on **116 123**

WELLBEING AND SUPPORT

THE WELLBEING TEAM

Our Wellbeing Team is available for anyone who needs support or someone to talk to.



CAITLIN BOOTH
STUDENT WELLBEING COORDINATOR



KAREN KANE
COLLEGE COUNSELLOR



FRAN ABBOTT
MINDFULNESS PRACTITIONER

WIGAN BOROUGH USEFUL CONTACTS

The services below are available to support wellbeing, health, and safety.

Make appointment with your GP (First port of call)

The crisis line 24/7 – **0800 051 3253**

Think wellbeing self-referral – **01942 764449**

We Are with you (substance abuse)-**01942 487578**

Domestic Abuse Service-**01942 311365**

MENTAL HEALTH RESOURCES

The team is available 24 hours a day, seven days a week, 365 days a year

[Find out more here](#) 



URGENT MENTAL HEALTH

The team is available 24 hours a day, seven days a week, 365 days a year

[Find out more here](#) 



CHILDLINE

Telephone: 08001111 Help is available 24 hours a day, 7 days a week.

[Find out more here](#) 



MIND

Infoline - 0300 123 3393 (9am-6pm, Monday to Friday) Text - 86463

[Find out more here](#) 



BEAT

Infoline - 0808 801 0677 - 3pm-8pm, Monday to Friday.

[Find out more here](#) 



KOOTH

+44 20 3398 9048
contact@kooth.com

[Find out more here](#) 



THE WELLBEING ROOM

We also have a dedicated Wellbeing Room on campus where students can take time out, relax, and access support when needed.



MEET COCO! OUR THERAPY DOG!

Coco, our therapy dog, and his handler Caitlin offer a calm, friendly space every Thursday in **D003** for students who want to relax or chat.

